

Exploring our Grief

HOSPICE SOCIETY OF CAMROSE & DISTRICT Walking with Sorrow: Exploring Our Grief Community Presentation by Bill Harder



“I thought I was going crazy.”
“I have never been so lonely.”
“I am so terribly tired.”
“I feel angry.”

Grief is a universal human experience, one that arises from a vast array of losses. Sometimes the symptoms of our grief are overwhelming, washing over us in waves of emotion. Making sense of our sorrow and learning to grow from it are the themes of this presentation.

Topics Covered may Include:

- Signs and Symptoms of grief
- Different grieving styles
- Myths about grief
- Strategies for wellness during grief
- Tools for understanding
- Grief in the workplace
- Grief in community
- Grief support for children
- The soulful work of sorrowing
- Grief rituals



Date: October 17th, 2018

Location: Viking Community Hall

Time: 6:00pm – Light Supper/Refreshments

6:30pm to 8:30pm Presentation

RSVP Required by Oct 12th. Call VBFCSS at 780-336-4024



BEAVER COUNTY



2018 Construction Schedule

Schedule is subject to change depending on the weather.

**ECD – Estimated Completion Date

TASK	START DATE	PROJECTED END DATE	UPDATE – OCT 3
Culvert Maintenance	Apr 24	Oct 30	Ongoing
TWP RD 492 TerraCem Phase 1 (Cement) Phase 2 (1 st lift of chip seal) Phase 3 (2 nd lift of chip seal)	Jun 11	Sept 5	Phase 1 – Complete Phase 2 – Complete Phase 3 – Complete Sweeping – Complete
RGE RD 201 TerraCem Phase 1 (Cement) Phase 2 (1 st lift of chip seal) Phase 3 (2 nd lift of chip seal)	Jul 2	Sept 6	Phase 1 – Complete Phase 2 – Complete Phase 3 – Complete Sweeping – Complete
TWP RD 510 TerraCem Phase 1 (Cement) Phase 2 (1 st lift of chip seal) Phase 3 (2 nd lift of chip seal)	Jul 4	Sept 6	Phase 1 – Complete Phase 2 – Complete Phase 3 – Complete Sweeping – Complete
TWP RD 512 TerraCem Phase 1 (Cement) Phase 2 (1 st lift of chip seal) Phase 3 (2 nd lift of chip seal)	Jul 12	Sept 7	Phase 1 – Complete Phase 2 – Complete Phase 3 – Complete
RGE RD 191 TerraCem Phase 1 (Cement) Phase 2 (1 st lift of chip seal) Phase 3 (2 nd lift of chip seal)	Jul 19	Sept 7	Phase 1 – Complete Phase 2 – Complete
TWP RD 512 TerraCem 2nd location Phase 1 (Cement) Phase 2 (1 st lift of chip seal) Phase 3 (2 nd lift of chip seal)	Aug 20	Sept 6	Phase 1 – Complete Phase 2 – Complete
TWP RD 482 TerraCem Phase 1 (Cement) Phase 2 (Tacked) Phase 3 (Lift of chip seal)	Sept 4	Sept 28	Phase 1 – Complete Phase 2 – Complete Phase 3 – ECD – Mid Oct
Bridge Construction RGE RD 184 between TWP RD 494 and TWP RD 500	Aug 15	Oct 15	Bridge will be closed to public traffic during construction
Oiling RR 202	Aug 13	Aug 17	Completed
Patching Oil	Jul 23	Sept 28	Ongoing
Patching/Shoulder Pulls	Aug 28	Sept 30	
Backsloping- TBD	Oct 2	Oct 31	
Gravelling	Apr 24	July 20	Complete
Dust Control- 1st Application	May 22	Jun 22	Complete
Dust Control- 2nd Application	Jul 30	Aug 18	Complete